

# SICK DAY GUIDELINES

Making the right call when your child is sick



Should I keep my child home or send him/her to school?

School guidelines advise a child stay home if he/she:

- Has a fever of 100 degrees or higher
- Has been vomiting or has diarrhea
- Has very red, irritated eye(s)
- Has a rash not evaluated by a medical provider
- Has head lice or nits
- Has symptoms that keep him/her from participating in school, such as:
  - Deep or uncontrollable cough and sneezing
  - Severe pain from ear ache, stomach ache, body aches or headache

WI state law (118.15) states that a child may not be excused for more than 10 days in a school year.

## 24-hour rule:

**Fever (100 degrees or higher):**

Keep your child home until his/her fever has been gone without medicine for 24 hours.

**Vomiting or diarrhea:**

Keep your child home for 24 hours after the last time he/she vomited or had diarrhea and is eating a normal diet.

**Antibiotics:**

Keep your child home at least 24 hours after the first dose of antibiotic.

We often have many ill children and adults coming to school, and each one is passing their sickness to others.

Please help others from becoming ill by keeping your child home while they are sick.

For more information, please contact the school nurse.